

Lower Facial Morphometrics in Children upon the Eruption of First Permanent Molars

SEEMA DESHMUKH¹, BHOJRAJ NANDLAL²

ABSTRACT

Introduction: Transition from primary to early mixed dentition brings about various changes in the occlusion and facial appearance. After complete eruption of primary teeth, the occlusion seems to be relatively stable till eruption of first permanent molars. Transition from primary to early mixed dentition is characterised by increase in the vertical dimensions, increase in the arch perimeter, and increase in the intercanine width. However, skeletal changes characterising the first transitional phase are not completely explored. With more emphasis on early diagnosis and treatment planning, it is essential to have a thorough knowledge of the complete developmental changes that can be considered during diagnosis and deciding the treatment needs.

Aim: To determine the developmental changes in the lower facial dimensions upon the eruption of first permanent molar.

Materials and Methods: A longitudinal prospective study was planned to study developmental changes in the lower facial dimensions. Lateral cephalometric radiographs of 46 children with primary dentition (Mean age 5.5 years) were taken. The

sample comprised of 27 males and 19 females. All the subjects had complete primary dentition with normal occlusion and well balanced facial proportions. The lateral cephalometric radiographs were repeated on the same subjects after a period of two years. Cephalometric analysis was done using Nemoceph software (version 10.4.2). The data was compiled and the following statistical analysis tests were performed: descriptive statistics, Paired t-test, Benjamin and Hochberg multiple testing correction and unpaired t-test.

Results: Among primary and early mixed dentition, males exhibited larger dimensions than females. However, all the variables were not statistically significant. There was significant increase in the dimensions upon the eruption of first permanent molars. However, mandibular inclination, jaw relationship and gonial angle decreased during this transition phase.

Conclusion: Eruption of first permanent molars contributes significantly towards the changes in the lower craniofacial dimensions. Initial signs of mandibular rotations and displacement correspond with the eruption of first permanent molars.

Keywords: Anthropometrics, Dentofacial characteristics, First transitional period, Mandibular growth, Primary dentition

INTRODUCTION

Post natal growth covers the period from infancy through adolescence and is assumed that during this span almost 100% of adult dimensions are achieved [1]. However, the growth occurring during this period is not continuous and exponential. Different parts of the body grow at different time and different rates. The rate of growth tends to increase from cephalic to caudal end. The same dynamic trend is applicable in the craniofacial region as well. According to Scammon's growth curve, growth and development of cranial structures follows the neural curve with the cranial vault achieving 95% of adult size by five years of age followed by which there is a deceleration in the growth rate. However, the facial bones continue to grow eventually for a longer period [2,3].

A child's face is not merely a miniature of adult. Facial enlargement from child to adult can be described as a differential growth process comprising of components that grow at different rates and in different directions. This difference in the rate of growth brings about changes in the proportions appreciable in a child's face when compared to that of an adult. Although, there exists a difference in the rate and direction of the growth, changes in one part of the craniofacial region can have an effect in the position of the other part. Hence, it can be described as an interdependent phenomenon [4].

As described by the concept of craniofacial growth explained by Enlow, transition from primary to mixed dentition describes a major milestone in the craniofacial growth and development. This is particularly true for the eruption of the first permanent molar as this tooth does not have a predecessor tooth. The occlusal equilibrium present during primary dentition gets disrupted during the eruption of first permanent molar, thereby bringing about changes to accommodate the same. Eruption of teeth particularly mandibular teeth follows the growth displacement of the mandible [5]. This brings changes in the facial proportions mainly the vertical facial proportions. Apart from this; literature does not explain any further, the effect of eruption of permanent first molars on the craniofacial skeletal structures. This data would increase our vast knowledge on craniofacial growth thereby, providing norms for diagnosing any deviations and planning early treatment which would bring about harmonious dental and skeletal relationship. Hence, the present study was conducted to determine the developmental changes in the lower facial dimensions upon the eruption of first permanent molar.

MATERIALS AND METHODS

Study Design

The study was conducted in the Department of Pedodontics and Preventive Dentistry, Jagadguru Sri Shivarathreeshwara Dental College and Hospital, Jagadguru Sri Shivarathreeshwara Academy of Higher Education and Research, Karnataka, India. A longitudinal prospective study design was considered accurate, as this would eliminate the individual variations which would remain higher in cross sectional study designs. Ethnicity and linguistic characteristics have a significant effect of the facial patterns. Hence, to maintain uniformity among the subjects this longitudinal study was conducted on subjects belonging to lingayat community of Karnataka population.

Prior to the conduct of examination, ethical clearance was obtained from the Institutional Ethical Board. An initial clinical examination was done and children having complete primary dentition, balanced facial profile and without any parafunctional oral habits were included in the study. Subjects with medically compromising condition, grossly decayed primary teeth or requiring/undergoing preventive and corrective orthodontic treatment were excluded from the study. The parents were explained about the duration of the study and procedures to be performed during the study. The possible advantages and effects were also explained. Only the children whose parents had provided informed consent and children providing informed assent were included in the study. The duration of the study was 24 months after initial exposure. The initial radiographs were taken during November 2014 and repeated after November 2016, till January 2017.

Since, the outcome measure was quantitative, sample size was determined based on comparison of means. Means for estimation of sample size was determined from pilot study. The pilot study was a cross sectional study performed on 20 subjects (10 subjects from primary dentition and 10 subjects from early mixed dentition). The mean difference and standard deviation calculated in present study gave us 80% power of study, confidence interval 95% which gave us a sample of 24 subjects.

Since, the present study was a longitudinal study, 67 subjects were included in the study to compensate for the loss to follow-up. All the subjects belonged to Lingayat community of Mysore population, (38 males and 29 females) having mean age of 5.5 years (5.3 years -5.10 years) with complete primary dentition. Radiographs were repeated after two years that is after the eruption of first permanent molars. Two years duration provided the clinically observable differences to be recorded. After two years follow-up period 46 subjects (27 males and 19 females) were located and five were excluded from the study due to unacceptable profile (incompetent lips due to tongue thrusting habit) and unerupted first permanent molars and 16 subjects were lost to follow-up. Hence, lateral cephalometric radiographs were repeated only for 46 subjects and cephalometric analysis was performed and data was compiled only for these subjects.

Lateral cephalometric radiographs of 67 subjects were recorded at the baseline that is during the primary dentition stage. The exposure parameters were 72 kVp, 12 mA and 8.2 second was the exposure time which was standardised at paediatric mode to reduce the amount of exposure. All the digital lateral cephalometric radiographs were taken with Planmeca Pro 2D with cephalostat. The obtained image was converted into JPEG format and imported into the Nemoceph Software (version 10.4.2) for cephalometric analysis. On each cephalometric radiograph 11 skeletal landmarks were identified [Table/Fig-1]. From the cephalometric landmarks and reference lines, four angular and seven linear measurements were analysed on the Nemoceph Software [Table/Fig-2,3]. These linear and angular measurements were obtained from, Downs WB, Bjork A and Skieller V, Rakosi T [6-8]. In addition certain additional measurements described by Nanda RS and Ghosh J were included [9]. The definition of linear and angular measurements are shown in [Table/Fig-4].

STATISTICAL ANALYSIS

The data obtained after cephalometric analysis was compiled and subjected to statistical analysis. SPSS version 22.0 was used for the statistical analysis. Paired t-test performed, determined the difference among the primary and early mixed dentition among



[Table/Fig-1]: Anatomic landmarks. S:Sella; N-Nasion; Pt point: Pterygoid point; ANS: Anterior Nasal Spine; PNS: Posterior Nasal



[Table/Fig-2]: Angular measurements. 1) SN plane (S-N); 2) Palatal plane (ANS-PNS); 3) Mandibular plane (Go-Me); 4) Ramal plane (Ar-Go) Maxillary Inclination is angle formed by SN plane to palatal plane; Mandibular inclination is angle

formed by SN plane to mandibular plane; Jaw relationship is angle formed by palatal plane and mandibular plane; Gonial angle is angle formed by ramal plane and mandibular plane



Pt point vertical reference plane used for the performing the linear measurements). point on the outline of the pterygopalatine fossa; 3) Saggital growth at Point A; 4) Saggital growth at Point B; 5) Saggital growth at Pogonion; 6) Maxillary length; 7) Mandibular length; 8) Ramus

males and females. Since, the observations were repeated on the same sample, the significance of difference of each measurement between two time points was determined using paired t-test. The statistical significance was tested at 5% level. Further, several tests were performed on the same individuals; Seema Deshmukh and Bhojraj Nandlal, Lower Facial Morphometrics in Children upon the Eruption of First Permanent Molars

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hence, Benjamin and Hochberg (BH) multiple testing correction was used to reduce the False Positive Rate (FPR). In the present context, FPR was set to 0.05 implying that the chance of falsely detecting a hypothesis as significant was 5%. Those parameters with adjusted p-value ≤ 0.05 were treated as significantly differing at two time points.

RESULTS

Comparison of lower craniofacial measurements during primary and mixed dentition among males and females are shown in [Table/ Fig-5]. The results indicated that there was a significant increase in the lower facial height among both males and females with the mean lower facial height being more among males. Among both the sexes, there was highly statistically significant difference for sagittal growth at point A, point B, Pogonion maxillary and mandibular length. Among males, clinically observable difference was present in the ramus height, mandibular inclination and gonial angle; however the results were insignificant. These variables were significant only among females with adjusted p-value ≤0.05. Maxillary inclination had significantly increased only among males. Jaw relation had a clinically observable reduction; however the difference was statistically insignificant.

Lower		Primary	Early Mixed	Comparison between primary dentition and early mixed dentition stages			
Cranio- facial mea- surements	Sex	Dentition stage Mean(SD)	Dentition stage Mean(SD)	Mean Diff.	p-value	Ad- justed p- value	
Linear meas	sureme	ents (mm)					
Lower	М	50.11±4.25	52.35±3.01	2.24	0.033*	0.059*	
anterior facial height	F	49.02±3.59	51.32±3.11	2.3	0.013**	0.028 *	
Sagittal	М	43.49±2.31	45.43±3.57	1.94	0.021*	0.040*	
growth at point A	F	43.09±1.94	45.05±2.42	1.96	0.005**	0.014**	
Sagittal	М	39.56±2.87	44.44±3.87	4.88	0.001***	0.003**	
growth at Point B	F	39.57±2.35	43.25±2.69	3.68	0.001***	0.004**	
Sagittal	М	40.72±2.98	46.05±2.68	5.33	0.001 ***	0.003**	
growth at -Pg	F	40.85±2.23	44.85±2.6	4	0.001***	0.004 **	
Maxillary	М	46.41±3.81	50.21s±1.95	3.8	0.001***	0.003**	
length	F	46.69±2.29	49.11±3.36	2.42	0.011**	0.024*	
Mandibular	М	62.49±3.66	67.07±1.66	4.58	0.001***	0.003**	
length	F	60.95±3.34	63.72±1.74	2.77	0.001***	0.004**	
Ramus	М	38.74±5.68	40.25±2.24	1.51	0.190	0.261	
height	F	35.79±3.02	38.14±1.42	2.35	0.004*	0.014*	
Angular me	asuren	nents (in degre	es)				
Maxillary	М	6.93±1.21	8.89±1.8	1.96	0.001***	0.003**	
Inclination	F	6.16±2.93	6.84±2.85	0.68	0.299	0.433	
Mandibular	М	37.07±3.94	35.59±4.18	-1.48	0.260	0.349	
inclination	F	33.63±2.69	31.05±2.15	-2.58	0.005**	0.014**	
Jaw relationship	М	28.26±4.23	26.85±4.03	-1.41	0.280	0.358	
	F	27.63±3.13	26.95±4.27	-0.68	0.558	0.667	
Gonial	М	128.96±4	126.26±4.6	-2.7	0.060	0.097	
angle	F	128.89±4.31	125.84±5.28	-3.05	0.021*	0.039*	
early mixed d Paired t-test to Benjamin and H *-significant diff	lentition determir lochberg erence a	stages among i ned the difference k nultiple testing co t p-value≤0.05; **-t	craniofacial mea males and femal between the stages prrection significant differenc ference at p-values	es. ; adjusted p e at p-value	o-value obtaine e ≤0.01; ***-sta	ed using atistically	

Comparison of lower craniofacial measurements during primary dentition stage among males and females are shown in [Table/ Fig-6]. Unpaired t-test was performed to determine the difference among males and females. The ramus height and mandibular inclination showed a significant difference among males and females during primary dentition with the dimensions being more among males.

Comparison of lower craniofacial measurements during early mixed dentition stage among Males and Females are shown in [Table/Fig-7]. During this transition period, along with mandibular inclination, mandibular length and ramus height were also statistically higher among males when compared to the females.

DISCUSSION

Eruption of teeth is a process which requires axial movement of the teeth from its developmental position to the final functional occlusion. Eruption of first permanent molar is an important phase during the transitional period not only from development of occlusion but also from facial growth point of view as it corresponds with the same [5]. The American Association of Orthodontists recommend for orthodontic check up at seven years of age for early intervention and treatment planning [10]. Therefore, the longitudinal study was conducted to determine the effect of eruption of first permanent molar on the lower craniofacial parameters. The lower craniofacial

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Lower Craniofacial		Primary Dentition	Comparison between males and females		
measurements	Sex	stage Mean(SD)	p-value	Adjusted p-value	
Linear measuremer	nts (mm)			
Lower anterior facial	М	50.11±4.25	0.349	0.664	
height)	F	49.02±3.59	0.349	0.664	
Sagittal growth at	М	43.49±2.31	0.647	0.843	
Point A	F	43.09±1.94	0.647		
Sagittal growth at	М	39.56±2.87	0.001	0.001	
Point B	F	39.57±2.35	0.991	0.991	
Sagittal growth	М	40.72±2.98	0.000	0.895	
at-Pg	F	40.85±2.23	0.862		
	М	46.41±3.81	0.750	0.843	
Maxillary length	F	46.69±2.29	0.756		
	М	62.49±3.66	0.146	0.365	
Mandibular length	F	60.95±3.34			
Ramus height	М	38.74±5.68	0.000*	0.171	
Ū	F	35.79±3.02	0.028*		
Angular measureme	ents (in	degrees)			
	М	6.93±1.21	0.000		
Maxillary inclination	F	6.16±2.93	0.292	0.634	
Mandibular	М	37.07±3.94	0.001***	0.000*	
inclination	F	33.63±2.69	0.001***	0.028*	
	М	28.26±4.23	0.011		
Jaw relationship	F	27.63±3.13	0.841	0.841	
0	М	128.96±4		0.05-	
Gonial angle	F	128.89±4.31	0.957	0.957	
dentition stage among Unpaired t-test to obtain using Benjamin and Hock *-significant difference at	F arison o g males a the differe berg mult p-value <0	128.89±4.31 f lower craniofacial me and females. nce between males and fe	emales; adjusted ce at p-value ≤0	l p-value obtaine	

parameters were considered as any preventive or corrective orthodontic treatment manoeuvre when performed significantly affects these dimensions. Hence, there was need to thoroughly understand the effect of eruption of permanent teeth on dentoskeletal parameters particularly the lower facial parameters.

There was a significant increase in the lower anterior facial height (mm) from 50.11 ± 4.25 to 52.35 ± 3.01 in males and 49.02 ± 3.59 to 51.32 ± 3.11 in females during the transition phase by 2.24 mm in males and 2.3 mm in females. Although, the amount of increase remains almost same among both the sexes, the males exhibited higher lower facial height than females. However the difference was statistically insignificant. Later during the developmental stages, the mandibular plane angle and facial height may in turn influence the position of the teeth in the alveolar segment thereby, causing changes in the dental height in both anterior and posterior regions which is called as the dentoalveolar compensatory mechanism [11].

Sagittal growth at Point A, Point B and Pogonion with respect to the pterygoid vertical was increased among both among males and females. Similar results were found by Nanda RS and Ghosh J [9]. There was also an increase in the maxillary inclination from 6.93±1.21 to 8.89±1.8 among males and 6.16±2.93 to 6.84±2.85 among females. Similar increase in maxillary inclination was reported by Riolo ML et al., in the Michigan Growth study [12]. They reported a mean increase from 5.2° to 6.4°. Increase in the sagittal growth at point A along with increase in maxillary inclination indicates that maxilla tends to move downward and forward during this growth phase. Although, Michigan growth study indicated

Lower		Early Mixed	Comparison between male and females		
Craniofacial measurements	Sex	Dentition stage Mean(SD)	p-value	Adjusted p-value	
Linear measureme	nts (mr	n)			
Lower anterior	М	52.35±3.01	0.271	0.471	
facial height	F	51.32±3.11	0.271	0.471	
Sagittal growth at	М	45.43±3.57	0.672	0.803	
Point A	F	45.05±2.42	0.072		
Sagittal growth at	М	44.44±3.87	0.471	0.474	
Point B	F	43.25±2.69	0.471	0.471	
Sagittal growth	М	46.05±2.68	0.074	0.374	
at-Pg	F	44.85±2.6	0.374		
Maxillan (langth	М	50.21 s±1.95	0.209	0.46	
Maxillary length	F	49.11±3.36	0.209		
Mandibular langth	М	67.07±1.66	0.009**	0.009**	
Mandibular length	F	63.72±1.74	0.009		
Damus beight	М	40.25±2.24	0.001***	0.000**	
Ramus height	F	38.14±1.42	0.001	0.009**	
Angular measurem	ents (ir	n degrees)			
Maxillan (Inclination	М	8.89±1.8	0.01**	0.001	
Maxillary Inclination	F	6.84±2.85	0.01	0.061	
Mandibular	М	35.59±4.18	0.000**	0.000**	
inclination	F	31.05±2.15	0.009**	0.009**	
	М	26.85±4.03	0.000	0.956	
Jaw relationship	F	26.95±4.27	0.939		
	М	126.26±4.6	0.700	0.007	
Gonial angle	F	125.84±5.28	0.783	0.897	
dentition stage amon unpaired t-test to determ Benjamin and Hochberg *-significant difference at	g males nined the multiple p-value :	difference between the st	ages; adjusted p- ence at p-value ≤0	value obtained usin	

increase in the maxillary inclination, however eruption of molars whether contributing towards this increase has not been explained. Also, cases of skeletal open bite having dental compensation in the frontal region limits the diagnosis of negative overbite. These cases can be diagnosed correctly based on correlation between molar height and maxillary inclination [13].

Sagittal growth at pogonion during the early mixed dentition stage was lower among females when compared to males. This indicates that the chin prominence remains less among females when compared to males. However, secondary translation of chin in downward and forward direction is caused by the actual growth of mandibular condyle and not due to the growth of chin itself [14].

There was a statistically significant increase in the maxillary length among males and females which was to accommodate the erupting first permanent molar. This also contribute for forward movement of the maxilla.

Mandibular length from Go-Me increased in both males and females. However, the mean remains higher among males (67.07 mm) compared to females (63.72 mm). Appositional bone growth along the posterior border of the ramus which occurs to compensate for the resorption on the anterior border of the ramus mainly contributes towards the increase in the mandibular length. The resorption along the anterior border of the ramus occurs to create space for the erupting first permanent molar [15]. Thereby, the permanent first molar contributes towards the changes in the mandibular length among both males and females. Change in the mandibular length is associated with the changes in the lower anterior facial height. Excessive mandibular length is diagnostic of short anterior facial height [16].

Hence, this data would help in assessment of ideal mandibular length during this transitional period thereby, influencing the vertical facial dimensions and treatment planning.

There was a decrease in the gonial angle from $128.96^{\circ}\pm4$ to $126.26^{\circ}\pm4.6$ in males and from $128.89^{\circ}\pm4.31$ to $125.84^{\circ}\pm5.28$ in females. However, the change was significant only among females with p-value ≤ 0.05 . The adjusted p-value also indicated a significant difference among females. Similar results were obtained by Ochoa BK and Nanda RS [17]. As suggested by Bjork A in 1963, the gonial angle continues to decrease with age however the peak reduction occurs during six years of age which corresponds with the eruption of first permanent molars [18]. Remodelling of the basal bone causes the changes in the gonial angle which continues throughout the life. These changes are appreciated between the gender, age and with changes in the dentition status [19]. This parameter however, basically represents the mandibular rotations [20]. This study however did not report any sexual dimorphism in the gonial angle.

Ramus height increased by 1.51 mm and 2.35 mm in males and females respectively. Along with the appositional growth at the condyle, increase in the posterior intermaxillary space caused by eruption of the permanent molars creates a tendency towards an increase in the ramus height. These findings were consistent with Yassir A, Ahila SC et al., which reported positive correlation with ramus height and posterior mandibular and maxillary dento alveolar height [21,22]. The increase in the ramus height observed in the present study is due to the intermaxillary space during the eruption of first permanent molars. Although, the ramus height was higher in males compared to the females, the amount of increase in the ramus height was observed more among females.

Jaw relationship and mandibular inclination decreased in both males and females during transition from primary to early mixed dentition. This explains the mandibular rotations causing downward and forward positioning of the mandible. The reduction of mandibular inclination is an expression of apparent rotation of mandible. This is considered as apparent rotation as bone remodeling along the lower border of mandible masks the actual reduction in mandibular inclination. However, decrease in the gonial angle and horizontal displacements of chin seen in the present study are the expression of true mandibular rotation [16]. Similar results were found by Odegaard J, Lavergne J and Gasson N, [23-25].

These changes occurring during transition from primary to early mixed dentition are attributed to the eruption of permanent molars. It is during this transition, the first sign of mandibular rotations are appreciated. Hence, this period is considered to be potentially sensitive period with respect to mandibular rotation. The present study reported 1.40 of apparent rotation of mandible in two years of observation period. However, Miller S and Kerr WJ and Wang MK et al., reported 1.30/year of rotation because they reported true rotation, and the present study reports apparent rotation of mandible [26,27].

LIMITATION AND FUTURE RECOMMENDATION

The time duration included in the study was short, was aimed to consider the changes occurring in craniofacial complex during the period of transition from primary to early mixed dentition. Further studies can be conducted including all the stages of transition of dentition which would provide a comprehensive knowledge of changes occurring in the craniofacial complex during the transitional phase. This knowledge would be required to identify certain traits and anomalies of the primary and mixed dentition which would be reflected in the permanent dentition.

CONCLUSION

Males had higher means compared to females with mandibular length, ramus height, maxillary and mandibular inclination in particular. There is an increase in the maxillary and mandibular length to accommodate the erupting permanent molars. Increase in the intermaxillary space following eruption of first permanent molars contributes towards increase in the ramus height thereby, causing an increase in lower anterior facial height.

Corresponding to the increase in the ramus height, there was a decrease in the mandibular inclination and jaw relationship. The initial signs of mandibular displacement and rotations and decrease in mandibular inclination can now be corresponded to the eruption of first permanent molars which needs to be considered while planning treatment during the transitional phase.

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